

DISCOVER MENTON

HÔTEL PRINCE DE GALLES
★★★★



Specially selected Addresses for you ...
The team's « coup de coeur » ...
The « Mentonnais » headquarters ...
Go ahead and play !

IN THE FAMILY...

Galloping gourmets

Petit Prince :

The hotel restaurant welcomes you in a warm atmosphere. It is one of the best restaurants in Menton. Its Mediterranean cuisine, made from fresh and local products, will undoubtedly delight you.

Solenzara :

Located on the private beach of the same name, the Solenzara restaurant offers generous Mediterranean cuisine, prepared with local products. The setting is exceptional, directly by the sea.

Petit Port :

Quality local cuisine, especially fish, in a pleasant setting.

JR Bistronomie :

Local cuisine, refined dishes, quality food... A must in Menton.

La Trattoria :

Restaurant not to be missed if you like Italian cuisine, you will love the pasta and pizza. In season it is better to book, thanks to its reputation the restaurant is often full.

Madame Bleue (RCM) :

A tasty and varied cuisine, a team of attentive waiters and a magnificent setting with a terrace by the sea.

Fellini (RCM) :

Facing the sea, an Italian restaurant offering excellent cuisine in a friendly atmosphere.



IN THE FAMILY...

Passionate hikers

Tour du Cap Martin :

A pleasant stroll for the whole family along the coast, on the Customs path between Menton and Monaco. You will follow the bay of Roquebrune and go around the Cap Martin.

Duration: 2h30 - 7km - Easy - Departure from Menton

Ascent and tour of Mont Gros :

A walk above Roquebrune Cap-Martin which will take you to the top of Mont-Gros, from where the paragliders you see above Monaco take off. You will appreciate the view of the Mediterranean, and the descent by a balcony path above Cap Martin.

Duration: 2h30 - 5km - Easy - Departure from Roquebrune-Cap-Martin

Baisse de Scuvion and Fort de Pierre Pointue :

A beautiful hike in the forests of the hinterland, which will also make you discover parts of the region's history with the forts of the Maginot Line. You will thus discover various points of view both on the mountain side and on the sea side.

Duration: 4h - 8km - Medium difficulty - Departure from the village of Castillon

Pointe de Siricocca, Pic de Grauche and Mont Ours :

This circuit allows you to make a loop above Saint-Agnès with the ascent of 3 summits from which you can admire the panoramas on the coast, the Mercantour Park and the "Nice hinterland".

Duration: 4h30 - 9km - Medium difficulty - Departure from Saint-Agnès

Saint-Agnès and Gorbio loop via the Col de la Madone :

A circuit of more than 8 hours, for fans of hiking, which takes the Balconies of the Mediterranean and makes you admire the coastline as far as the eye can see.

Duration: 8h30 - 21km - Difficult - Departure from Saint-Agnès.

Many other routes are possible, along the coast as well as in the heights.



IN THE FAMILY..

Innate or hungry bargain hunters

Menton Market :

While visiting Menton, don't miss the Marché des Halles with its local scents and colors, which is held every morning in the city center. You will find a wide choice of fruits and vegetables, meats, fish and cheeses. The traders will be delighted to introduce you to local products, starting with mentonnais lemons.

If you are more like a second-hand dealer, meet on Friday and Sunday mornings at the bastion mall. Then, you can stroll between the stands of booksellers or find all kinds of trinkets

Ventimiglia Market :

The Friday morning market in Ventimiglia is one of the most popular in the region. It has been made popular by the great diversity of its stands: clothing, handbags, shoes, household items etc. The covered part of the market offers a wide choice of fresh fruits and vegetables, as well as many gastronomy stands: pasta, bread, cheeses, cold meats, etc. You will appreciate the lively atmosphere of the market, and the cheaper prices than in France. To end the morning, you can have lunch in one of the many trattoria around the market.

From Menton, Ventimiglia is easily accessible by car and train.

Sanremo Market :

Located at about thirty kilometers from Menton, the small coastal town of Sanremo also offers a market from Monday to Saturday from 6.30 am to 1 pm. There, you will find a wide choice of cheese, cold meats, vegetable stalls, as well as clothes, trinkets etc. If you are a big fan of flowers you will also find what you are looking for.

Take advantage of the rest of the day to visit the old town of Sanremo, built on the hillside. Don't hesitate to get lost in the labyrinth of its maze-like streets, stairways and hidden little squares. The view at the top of the village is worth the effort to access it.

IN THE FAMILY..

Farniente or lively city center tourists

Le Solenzara :

If you are in Menton to rest, what could be better than a day at the beach? The Solenzara private beach will welcome you for a day of relaxation in an idyllic setting: deckchairs facing the sea, on-site restaurant for lunch, bar to refresh for an aperitif at the end of the afternoon, and a team at your service to meet all your expectations.

Nautical activities :

If you want to take advantage of your stay in Menton to introduce yourself to some nautical activities, here are some ideas that might interest you :

- Paddle :

Accessible to all, the paddle is ideal for a family activity (from 6 years old). So you can enjoy the calm of the sea and the sun to glide on the water. Venturing out at some distance from the beach, you may even observe schools of fish if the sea is nice.

Price: € 20.00 / hour.

- Kayaking :

The tranquility of the sea gives you the opportunity to try your hand at kayaking.

Price: € 20.00 / hour.

These activities are proposed next to the Solenzara, 5-minute walk from the hotel.

Farniente or lively city center tourists

Visit of the old town of Menton :

The historic heart and lung of Menton, come and stroll through this attractive district and its narrow lanes that cascade down to the seaside. Medieval lanes and Baroque churches welcome you within the old fortified wall. Lined with many stalls, restaurants and taverns, the Rue Longue represents the town backbone connecting the Place Saint-Julien to the Place du Cap. Let yourself be captivated by the splendor of the Baroque ensemble of the Saint-Michel square, with the Saint-Michel basilica, a true symbol of Menton that was erected in the 17th century. Each summer, the prestigious Music Festival takes over on this exceptional location. In the extension of the Old Town and the Rue Longue you will find the main pedestrian street of Menton. A living space and shopping area, where all kinds of shops and restaurants flourish.

Distance: 2km from the hotel, by walk on the Promenade on the seafront or by bus n°18.

Visit of the Principality of Monaco :

Recognized for its Formula 1 Grand Prix and one of the Jet set's privileged resorts, Monaco is also a city full of history and charm, where the Grimaldi family has reigned for hundreds of years. Discover the Rocher, the beating heart of the city, which is located on the heights of Monaco. With its pretty houses dating from the 16th to the 18th, its alleys and its ramparts, this district will dazzle you with its beauty. A timeless visit, which will allow you to discover the chapel of the Visitation, the cathedral and the Prince's Palace, the official residence of the prince since 1927. Take advantage in particular of the changing of the prince's guards. You can also admire the breathtaking view of the Mediterranean Sea. For any lover of marine flora and fauna, the oceanographic museum is a treasure to discover with its huge aquarium bringing together 6000 varieties of the marine world. Do not forget to also visit the Exotic Garden, which brings together more than 900 species of flora from the semi-arid climate: cactus, aloes and fig trees, among the oldest and rarest on our planet. A beautiful walk, which you must punctuate with a visit to the Observatory Cave, a natural underground cavity which will surprise you. For the players, visiting Monaco is also going to the Casino! The Monte-Carlo Casino, also renowned for the beauty of its salons, is magnificent and very a prestigious place. Don't miss its theater-opera, which is definitely worth a look.

Distance: 8km from Menton, by car, by train or by bus (bus stop next to the hotel).

IN THE FAMILY..

Strollers looking for serenity

Jardin Maria Serena :

A veritable open-air greenhouse, renowned for being the most temperate in France, the Jardin Maria Serena offers a large collection of palm trees and tropical plants. Located at the foot of the cliffs on the Italian border, the garden also offers a superb view over the bay of Menton.

Guided tour only - duration 1h30 - € 6.00

Jardin Serre de la Madone :

Was created on 1924 by the American Major Lawrence Johnston, who was looking for a site to accommodate rare plants brought back from his travels around the world. Besides the original olive and fig trees, you will find plants that have arrived from the Himalayas, Mexico and all corners of the planet.

Guided tour - duration 1h30 - € 8.00

Jardin Fontana Rosa :

This garden was created from 1921 by Vicente Blasco Ibanez, who sought to replicate a bit of his native Valencia. The result is one of the rarest and most original gardens in Menton. The design of the place, the scent of the flowers and the rustling of the fountains will appeal to those who seek peace and rest.

Visit - duration 1h30 - € 6.00

Exotic Garden of Val Rahmeh :

Covering an area of one hectare, the Garden of Val Rahmeh has sought excellence in a few exceptional collections and offers tropical and subtropical trees that are its pride. Its layout and the choice of its components meet aesthetic criteria that should make the garden a green setting.

Visit - duration 1h30 - € 11.00

Jardin du Palais Carnolès :

The objective of this garden is to bring together one of the largest citrus collections in Europe and there are in fact 137 different varieties, including lemons, oranges, etc. from all over the Mediterranean basin.

The garden is first and foremost a place of calm and is now used as a setting for the Museum of Fine Arts.

Self-guided and free visit every day (except Tuesday).

Jardin Bioves :

Located in the heart of Menton opposite the Tourist Office, this 800m long promenade features flowery lawns, exotic plants and fountains throughout the year. At Christmas and during the Lemon Festival, they take on a special decoration not to be missed.

IN THE FAMILY..

Authenticity seekers

Saint-Agnès :

The highest coastal village in Europe, Saint-Agnès offers a 360 ° panorama view of the sea, the coasts of the Riviera and the first mountains of the Alps. You will spend a pleasant afternoon in its narrow streets dating from the middle Ages.

Distance: 10km from Menton

Gorbio :

Small village perched between Menton and Roquebrune-Cap-martin, you can visit in Gorbio its 4 chapels, its castle as well as the small streets of the old town.

Distance: 9km from Menton

Castellar :

In Castellar, a medieval village and a former stronghold of the Lascaris family, you will find turreted houses, fountains and no less than 5 chapels.

The village is also the point of departure or passage for many hikes in the heights of Menton.

Distance: 7km from Menton

Castillon :

Built in 1157, Castillon has been destroyed several times and permanently rebuilt in 1951. Its charm and its stone houses with green shutters attract artists and craftsmen. If you are sensitive to art, you will find what you are looking for among workshops and galleries, engravers, sculptors, painters etc.

Distance: 12km from Menton

Sospel :

Located near the Italian border, to the south of the Mercantour Park and the Vallée de Merveilles, Sospel was part of the "salt road" of the middle Ages.

You will enjoy spending a peaceful day there, surrounded by the hills.

Distance: 15km from Menton



Authenticity seekers

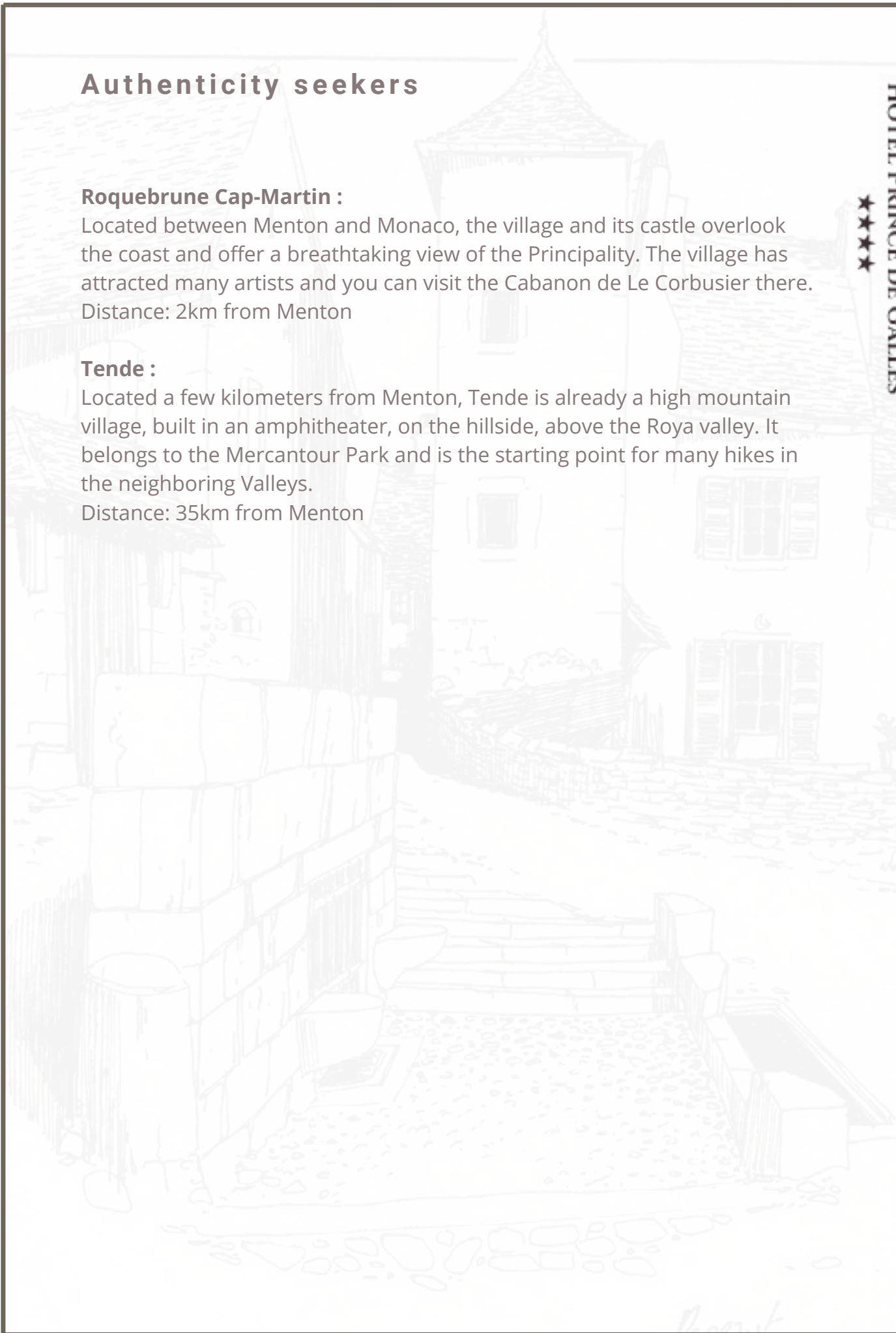
Roquebrune Cap-Martin :

Located between Menton and Monaco, the village and its castle overlook the coast and offer a breathtaking view of the Principality. The village has attracted many artists and you can visit the Cabanon de Le Corbusier there.
Distance: 2km from Menton

Tende :

Located a few kilometers from Menton, Tende is already a high mountain village, built in an amphitheater, on the hillside, above the Roya valley. It belongs to the Mercantour Park and is the starting point for many hikes in the neighboring Valleys.

Distance: 35km from Menton



IN THE FAMILY...

XXL...

The Herbin jam factory :

During a tour of the Menton based artisanal jam factory named "L'Arche des Confitures de la Maison Herbin". You will discover thousands of jars and hundreds of varieties of jam. Come and soak up the pleasure with this unique experience in rediscovering the natural taste of high quality local jams that only an authentic craftsman could offer you !

The lemon house:

Established in 1991 in Menton, they are citrus growers, landscapers, nurseryman and creator of delicious treats. The trees are planted on the sides of the city, arranged in terraces, to produce exceptional fruits. Enjoy a beautiful walk in the orchard perfumed with a lovely smell of lemon.

Koaland Park:

Koaland is located in a park that belonged to the Grimaldi family in the 17th century. It was the first pleasure garden in Menton, it contains century-old trees over 15 000 square meters. It will provide you beautiful nature, located at 800 meters from the city center. Koaland is a family and friendly amusement park for children: the Jungle, the Carousel, the inflatable games, the Motorcycles, the Mini Golf, etc., form a set of entertainment that can satisfy every member of the family at any age.

Marineland:

Marine life park, dolphin shows, shark & penguin pool. Separated waterpark, golf course & zoo nearby.